



# PLAYING OUR WAY TO LITERACY

Read Write Talk Sing Play

## MONDAY

Today is Monday!  
Try singing the days of the week to the tune of "Bumping Up and Down In My Little Red Wagon."

## TUESDAY

Read a book or tell your child a story that you enjoyed when you were their age.

## WEDNESDAY

Cut out some gingerbread man shapes, and let your kids make them into paper dolls by drawing their face and clothes.

## THURSDAY

Ask your child some "Would You Rather" questions. Example: Would you rather live in a house shaped like a circle or a house shaped like a triangle?

## FRIDAY

Put a blindfold on your child or ask them to cover their eyes. Give them something to smell and ask them what they think it is. Try a fruit, soap, or spices.

## SATURDAY

Set up an obstacle course for your child using objects you have around the house. Try jumping over pillows, or balancing a teddy bear on your head!

## SUNDAY

Cook a healthy, child-friendly recipe with your kids. Try smoothie popsicles or trail mix.

## LITERACY TIP:

Rhyming words help kids understand how to read by breaking words down into smaller parts.