



# PLAYING OUR WAY TO LITERACY

Read

Write

Talk

Sing

Play

## MONDAY

Build a fort with blankets, sheets, pillows, and cushions. Hide inside it and then climb over it like a monster.

## TUESDAY

See if your child can beat his best time while doing crab walk, wheelbarrow, hopping, or animal races.

## WEDNESDAY

Play monster in the middle. The "monster" can growl and screech while they try to steal the ball from two people playing catch.

## THURSDAY

Have a dance party and freeze when the music randomly is paused.

## FRIDAY

Set up an outdoor pouring station with cups, bowls, funnels, scoops, and spoons. Fill a plastic dish bin with water and let the wet fun begin.

## SATURDAY

Have a sock matching race by using basket full of clean socks that need to be paired. Whoever gets the most pairs wins.

## SUNDAY

Play dress up parade. Dress up and walk around the house waving as if you are in a parade.

## LITERACY TIP:

Exercise is a great way to build self esteem that transfers into learning. Kids with a healthy self image grow confidence when trying new challenges like reading.