

HIGHLAND PARK PUBLIC LIBRARY

FEBRUARY FEBRUAR

BOOKS AND AUTHORS

Meet the Author! Katzie Guy-Hamilton *Clean Enough: Get Back to Basics and Leave Room for Dessert*



If your New Year's resolution includes changing the way you eat, Katzie Guy-Hamilton may have some ideas. Meet the wellness guru, Director of Food and Beverage of Equinox, and nationally-recognized pastry chef in a special appearance to discuss her book. The book includes more than 100 whole-food, best-of-class recipes that encourage a holistic approach to everyday nutrition—and a new way to eat, and live, "clean."

Books will be for sale and the event will conclude with a book signing.

[More about Katzie Guy-Hamilton](#)

Friday, February 1, 1 p.m.

[Send me a reminder email.](#)

SEE WHAT OTHER AUTHORS ARE COMING TO THE LIBRARY

Book Discussions

Fahrenheit 451, by Ray Bradbury

Davis Schneiderman, English professor at Lake Forest College, leads the discussion.

Thursday, March 14, 7 p.m.

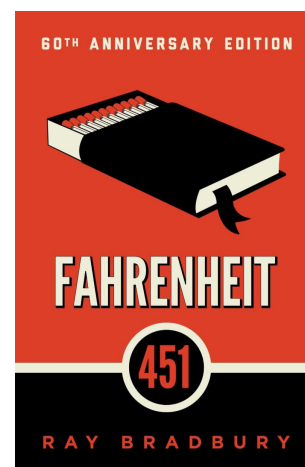
[Send me a reminder email.](#) • [More Book Discussions](#)

Readers' Round Table

Share your recommendations and take home an advance reading copy of an upcoming title.

Tuesday, February 26, 2 p.m.

[Send me a reminder email.](#) • [More Readers' Round Tables](#)



FILM SHOWINGS AND DISCUSSIONS

A Night at the Oscars

Chicago Tribune film critic Michael Phillips discusses the nominees for the Academy Awards and shares his predictions. Watch clips of the nominated stars and films. Lucky winners will take home their own (chocolate!) Oscars.

Thursday, February 7, 7 p.m.

[Send me a reminder email.](#) • [More Film Showings and Discussions](#)

How To Die In Oregon

Oregon made it a legal right for people who are dying to cut short their suffering with a doctor's aid. This award-winning film follows several terminally-ill Oregon residents who take advantage of Oregon's aid-in-dying law. A discussion follows.

Wednesday, February 13, 9:30 a.m.

[Send me a reminder email.](#) • [More Film Showings and Discussions](#)

Presented with Final Options Illinois.

Black Comedies Film Series — *After Hours*

Bob Coscarelli, professor emeritus at College of Lake County, introduces and screens

the award-winning film directed by Martin Scorsese. A discussion follows.

Sunday, February 24, 2 p.m.

[Send me a reminder email.](#) • [More Film Showings and Discussions](#)

Presented with the Highland Park Senior Center.

Sponsored by Right at Home Senior Care.

THEATER

One-Woman Show: *Hard-Core CORN*

Kelly Haramis is an uncontrollable food addict and her popcorn-jonesing life gets flipped upside down after she meets a nutrition guru. Kelly navigates a maze of maize—through hilarious newscasts, cooking shows, and personal confessions—in a world turned against her in this one-woman show.

Wednesday, February 13, 7 p.m.

[Send me a reminder email.](#) • [More Performances](#)

Theatrical Reading — *A Midsummer Night's Dream*

Equity actors from The Shakespeare Project of Chicago perform a theatrical reading of Shakespeare's most popular comedy.

Sunday, February 17, 2 p.m.

[Send me a reminder email.](#) • [More Performances](#)

Sponsored by the Friends of the Highland Park Public Library.


World Affairs Discussion Group

Join a discussion group on world affairs. [The program is part of the Foreign Policy Association's Great Decisions program and is based on an annual briefing book published by the Foreign Policy Association.](#) Discussions will be led by members of the group with rotating discussion leaders.

Wednesdays, February 20, March 20, April 17, May 22, June 19, 7 – 9 p.m.

September, October, November dates to be announced. Registration required. Call (847) 432-0216, ext. 120 to register and purchase a book.

Presented in conjunction with the League of Women Voters of Highland Park and Highwood.



Classes include Beginning French, Calligraphy, Intro to Photoshop, and more.

See what you can learn!

Library U is a continuing adult education program made possible by the generous support of the Alvin H. Baum Family Fund.

RISE AND SHINE HUMANITIES PROGRAMS

Art in Chicago: A History From The Fire To Now

Art historian Maggie Taft discusses flash points in Chicago's art history and key themes that make Chicago's art world unique.

Wednesday, February 20, 10:30 a.m.

[Send me a reminder email.](#) • [More Rise and Shine Programs](#)

Presented with the Highland Park Senior Center.

Sponsored by Sunrise Senior Living.

NEW MEDIA PROGRAMS

Mindfulness and Meditation Apps

An introduction to guided meditation apps that can help you clear your mind and unwind.

Monday, February 4, 6:30 - 7:30 p.m. or

Saturday, February 23, 3:30 - 4:30 p.m.

[Send me a reminder email for Monday, February 4.](#)

[Send me a reminder email for Saturday, February 23.](#)

Birding Apps

[The Great Backyard Bird Count starts on Friday, February 15.](#) Take a tour of the eBird Mobile app, Audubon Bird Guide, and the Merlin Bird ID app which can simplify your Great Backyard Bird Count participation.

Tuesday, February 5, 7 - 8 p.m.

[Send me a reminder email.](#)

How to Stream Music Online

Wednesday, February 6, 2 - 3 p.m.

[Send me a reminder email.](#)

Make a Valentine's Day 3D-Printed Token

Saturday, February 9, 2:30 - 3:30 p.m. Ages 14 - 17

[Registration required. Register here.](#)

Monday, February 11, 6 - 7 p.m. Adults

[Registration required. Register here.](#)

Don't miss the session for kids!

Saturday, February 9, 1 - 2 p.m. Ages 9 - 13

[Registration required. Register here.](#)

Excel — Personal Finance

Learn how to manage your personal finances with Excel! We will demonstrate how to create a personal monthly budget worksheet to help keep track of your income and expenses.

Monday, February 18, 5:30 - 6:30 p.m.

[Registration required. Register here.](#)

Managing Your Passwords

Wednesday, February 20, 2 - 3 p.m.

[Registration required. Register here.](#)

Manage Your Cloud Storage

Friday, February 22, 2 - 3 p.m.

[Registration required. Register here.](#)

Introduction To Self-Care Apps

Monday, February 25, 3 - 4 p.m.

[Send me a reminder email.](#)

NEW MEDIA PROGRAMS JUST FOR KIDS!

Valentine's Day 3D-Printed Token

Design a 3D-printed Valentine's token for your favorite someone. Due to the time required for 3D printing, your token will not be ready to take home immediately. You will be contacted when your token is ready.

Saturday, February 9, 1 - 2 p.m. Ages 9 - 13.

[Registration required. Register here.](#)

Hour of Code

Anyone can code! Join us for a hands-on coding hour and work on fun projects while learning the basics of computer science! No coding experience required.

Sunday, February 17, 3 - 4 p.m. Ages 9 - 13.

[Registration required. Register here.](#)

Robots, Robots, Robots!

Kids, bring a grownup and try your hand at programming the grownups and then some of the Library's robots.

Monday, February 18, 2 - 3 p.m. Ages 3 - 6, accompanied by an adult.
Both adults and children will participate.

[Registration required. Register here.](#)

Find more New Media programs for kids here!

DISCUSSIONS

Spanish Conversation Group

[Spanish Literary Club](#)

Conversational ability required.

Fridays

11:30 a.m. - 1 p.m.

Tuesdays

10:30 - 11:30 a.m.

BUSINESS RESOURCES

One-On-One Business Mentoring with SCORE Chicago Counselors

Tuesdays, 1 - 3 p.m. and Thursdays, 5 - 8 p.m.

Registration required. [Register for a one hour one-on-one mentoring session with an executive or business owner.](#)

SCORE is a nonprofit organization dedicated to helping small businesses through education and mentorship.

HIGHLAND PARK HISTORICAL SOCIETY PRESENTS

[Chicago's Black Metropolis](#)

Tuesday, February 19, 7 p.m.

[Send me a reminder email.](#)

KIDS EVENTS

The Lego Movie Film Showing

The Lego Movie 2 comes out on Friday, February 8! Watch *The Lego Movie* on our big screen.

Wednesday, February 6, 6:30 - 8:30 p.m.

Valentine's Day Cards

Stop by to make a Valentine's Day card for your fave! We'll be crafting from 1 - 4 p.m. All materials will be provided.

Saturday, February 9, Sunday, February 10, 1 - 4 p.m. Ages 2 - 14.

Ben's Bubble Show

Experience the magic of bubbles! Enjoy fun for the whole family and don't miss the glow in the dark bubbles!

Tuesday, February 19, 1 - 1:45 p.m. or 2:15 - 3 p.m. Doors open at 12:50 p.m. for first show.

Storytime Sessions

Join a storytime session, with activities designed to foster pre-reading skills for newborns to six-year-olds.

[Storytime Dates and Times](#)

Register in the Youth Services Department or by calling (847) 681-7030.

MORE KIDS EVENTS

[Don't miss news of kids events. Sign up for the Kids Events enewsletter here.](#)



FEBRUARY 2019

[Additional parking for Library events is available one block west of the Library on St. Johns Avenue.](#)

[Click here to see where.](#)

Highland Park Public Library staff may take pictures at Library events for publicity purposes.

If you do not wish to be photographed, please tell the staff prior to the start of a program.

You are receiving this email because you are a patron of the Highland Park Public Library.

You may [unsubscribe](#) if you no longer wish to receive our emails.