

## AUTHOR BIOGRAPHY



Michelle LaVaughn Robinson Obama is the wife of the forty-fourth President of the United States, Barack Obama, and the first African-American First Lady of the United States.

She was born and grew up on the South Side of Chicago and graduated from Princeton University and Harvard Law School. After completing her formal education, she returned to Chicago and accepted a position with the law firm Sidley Austin, and subsequently worked as part of the staff of Chicago mayor Richard M. Daley, and for the University of Chicago Medical Center.

Michelle Obama is the sister of Craig Robinson, men's basketball coach at Oregon State University. She met Barack Obama when he joined Sidley Austin. After his election to the U.S. Senate, the Obama family continued to live on Chicago's South Side, choosing to remain there rather than moving to Washington, D.C.

"Michelle Obama." *Goodreads*, Goodreads, Inc., 2019, [https://www.goodreads.com/author/show/2338628.Michelle\\_Obama](https://www.goodreads.com/author/show/2338628.Michelle_Obama)

## DISCUSSION QUESTIONS

1. Mrs. Obama begins her book with a story about making cheese toast on a quiet night at home, a few months after leaving the White House. Why do you think she chose this story to begin her memoir?
2. Mrs. Obama writes that her parents talked to her and Craig like adults, "indulg[ing] every question we asked," from juvenile complaints about breakfast to more serious topics like sex, drugs, and racism. How did Fraser and Marian Robinson's parenting strategy influence Mrs. Obama later in life? Do you agree that parents should answer their children's questions honestly, or do you think it's better to shield them from the messiness of adult life?
3. Mrs. Robinson is the opposite of a helicopter parent. She was tough and had very high expectations for her children, and she also expected them to figure some things out on their own and learn from their missteps and the process of making choices. She gave her children agency at a very young age. How did that shape Mrs. Obama? What is the balance between discipline and trust?

4. Early in Mrs. Obama's life, a young relative asks her, "How come you talk like a white girl?" Mrs. Obama came from a home where she was expected to be smart and to "own" her smartness and "inhabit it with pride" but lived in a neighborhood where "speaking a certain way --- the 'white' way, as some would have it --- was perceived as a betrayal...as somehow denying our culture." What is it like to straddle different worlds? What is like to harbor ambitions that put you at odds with the community and the people you love and trust the most?
5. In *BECOMING*, we get to know the constellation of Mrs. Obama's extended family through her eyes. Her grandfather Southside filled his house with music and makeshift speakers and merriment. Years later, Mrs. Obama would fill the White House with music and culture through live performances and several programs aimed at children. How do those kinds of early memories leave an imprint on us as we grow older? What were the sights and smells that you remember from visiting grandparents or other elders, and how have they left a mark on you?
6. In thinking about the students who acted out in her second-grade classroom, Mrs. Obama writes, "Kids know at a very young age when they're being devalued." Is this a dynamic you've witnessed in your own community? How do you make the children in your life feel valued?
7. In discussing her neighborhood on the South Side of Chicago, Mrs. Obama writes, "Failure is a feeling long before it becomes an actual result. It's vulnerability that breeds with self-doubt and then is escalated, often deliberately, by fear." How did this insight shape Mrs. Obama's work and mission as First Lady? What can we all do --- as individuals, parents and community members --- to help break this cycle?
8. Mrs. Obama writes about the early influences of her mother, Marion Robinson, and her TV role model Mary Tyler Moore. One was a single, professional living on her own in the big city. One was a wise and supportive stay-at-home mother, who later went to work to help pay for her children's education. Where do you see the influences of both of these women in Mrs. Obama's life?
9. Early in her senior year at Whitney Young High School, Mrs. Obama went for an obligatory first appointment with the school college counselor. Mrs. Obama was treasurer of the senior class. She had earned a spot in the National Honor Society. She was on track to graduate in the top 10 percent of her class and she was interested in joining her older brother, Craig, at Princeton University. The guidance counselor said to her, "I'm not sure that you're Princeton material." How did Mrs. Obama handle hearing that statement? How does one avoid having one's dreams dislodged by someone else's lower expectations?
10. In high school Mrs. Obama said she felt like she was representing her neighborhood. At Princeton, faced with questions of whether she was the product of Affirmative Action programs, she felt like she was representing her race. Was that more than a feeling? Was she actually representing her communities in those settings? Have you had moments in life where you feel as though you are representing one of your communities?
11. In her early life Mrs. Obama writes about being a "box checker," but as she gets older she learns how to "swerve" to adjust to life's circumstances. What does it mean to swerve and how do we develop that skill in life?

12. When Mrs. Obama's friend Suzanne is diagnosed with terminal cancer, it destabilizes Mrs. Obama's view of "the world as it should be." How does Mrs. Obama cope with Suzanne's death, and the death of her father the following year? How did these early experiences of loss shape her decision to step off the career path of a corporate lawyer?
13. As a young professional, Mrs. Obama seemingly had it all --- a great job, a great wardrobe, and a clear path to great things in a top notch Chicago law firm. But she writes, "In my blinding drive to excel, in my need to do things perfectly, I'd missed the sign and taken the wrong road." She decides to change careers to focus on public service --- a move that surprises some who were close to her. What is the value of listening to that little voice that suggests you might be on the wrong path even though the world thinks you are doing exactly the right thing? How do you support someone who decides to follow their own path or create a new one?
14. In BECOMING, Mrs. Obama describes a number of women who have served as mentors for her at different times in her life, including Czerny Brasuell, Valerie Jarrett and Susan Sher. What do these women have in common? What lessons did Mrs. Obama learn from them about finding a fulfilling career as a parent? Who are your mentors and how do you cultivate those relationships?
15. In describing her relationship with her husband, Mrs. Obama writes, "Coexisting with Barack's strong sense of purpose --- sleeping in the same bed with it, sitting at the breakfast table with it --- was something to which I had to adjust, not because he flaunted it, exactly, but because it was so alive." How did this sense of purpose affect their life as a married couple? Do you have someone in your life who supports or shares your own sense of purpose?
16. In Chapter 15, Mrs. Obama explains why she chose to support her husband's run for the presidency despite her misgivings about politics. What made her change her mind? Would you have made the same choice? How do you balance the competing worlds of family life and work in your life?
17. Life on the campaign trail was a constant education for Mrs. Obama. Among the lessons was the power in people coming together to see her...and to see each other eye to eye. "I've learned that it's harder to hate up close." How do we create spaces where people can come together to talk, listen and share stories and ideals to build stronger communities, even when people might not agree or share the same history or perspective? How do we as a nation push back against cynicism and the "us vs them" battles that so often divide us?
18. There is an oft-cited maxim in the black community: You've got to be twice as good to get half as far. Mrs. Obama said the First Family felt the weight of that statement when they moved into the White House, "Any error or lapse in judgement, we knew, would be magnified, read as something more than what it was." What is the reality rooted in that twice as good/half as far maxim that so many parents pass on to their children? Why and how would that maxim feel familiar to some and surprising to others?
19. As Mrs. Obama notes, First Lady is a role without a job description. How did Mrs. Obama choose to approach the role? If you were in charge of writing the job description for the First Lady, what would you include and exclude?

20. Mrs. Obama writes about the lives of people who influenced her world view as she entered her role as First Lady. How are we shaped by the role models in our histories? How do we bring our own histories, cultures and experiences into spaces where they have never existed?
21. In *BECOMING*, Mrs. Obama writes candidly about detractors who tried to invalidate her standing or her work. “I was female, black, and strong, which to certain people, maintaining a certain mind-set, translated only to 'angry.' It was another damaging cliché, one that’s been forever used to sweep minority women to the perimeter of every room, an unconscious signal not to listen to what we’ve got to say.” What is the root of that “angry black woman” cliché? How and why does it do damage?
22. When describing her visit to the Elizabeth Garrett Anderson School in London, Mrs. Obama finds herself experiencing “a strange, quiet revelation: They were me, as I'd once been. And I was them, as they could be.” What did it mean for the girls to see themselves in Mrs. Obama? Why does she feel such a connection to these girls, and to girls’ education more generally? How did she use her visibility as First Lady to bring attention to these issues?
23. In Chapter 23, when describing her visit to Harper High School, Mrs. Obama writes, “America is not a simple place. Its contradictions set me spinning.” How did these contradictions play out in the lives of the students at Harper? What are the barriers to ending gun violence in their community and throughout the country? After reading this chapter are you optimistic that these barriers can be surmounted?
24. Throughout her life, Michelle Obama has been a meticulous planner. It is evident in her approach to her studies in high school and at Princeton. It is evident in the way she transitioned through jobs as a professional. And it is evident in the way she approached her role as First Lady. Where did that come from? How did Fraser Robinson’s approach to life impact his daughter? Are you a planner or more spontaneous? How does it impact those around you and your life?
25. Malia and Sasha Obama were young children when their father was elected president. How did the Obamas balance the need to protect their daughters’ safety with the desire to allow them to grow and become independent? How do you handle the pressures of the outside world with the children in your life?
26. Mrs. Obama writes about being “flung out of my world.” It is something she experienced time and time again, transferring to Whitney Young, moving to Princeton as one of the few African American students on campus, joining the juggernaut of a presidential campaign, and moving into the White House. She writes: “You don’t really know how attached you are until you move away, until you’ve experienced what it means to be dislodged, a cork floating on the ocean of another place.” What is the value of being flung out of one’s world? What do we learn about how Mrs. Obama handled transitions as she got older, wiser, and more experienced? What is the best advice for young people who find themselves in new or uncomfortable terrain?
27. Mrs. Obama has surrounded herself with a strong and supportive circle of friends from an early age. In some cases the circle was already around her within reach; as she got older and busier, she had to work harder to create and maintain her circle of support. She writes, “Friendships between women, as any woman will tell you, are built of a thousand small kindnesses..., swapped back and forth and over again.” How did she create the strong friendships in her life? What is the value in creating and maintaining a circle of strength?

28. Mrs. Obama will always be remembered for her fabulous sense of style. Many of her fashion choices were strategic and she writes, “My clothes, I was learning, were an extension of my voice.” How did she speak to America and the world through what some call “fashion diplomacy”? How and when do you use clothing or accessories as an extension of your voice?
29. In the epilogue, Mrs. Obama writes, “I’ve never been a fan of politics, and my experience over the last ten years has done little to change that.” Did you find her statement surprising? Do you think politics is an effective way to make social change?
30. Why do you think Michelle Obama chose to name her memoir "Becoming"? What does the idea of “becoming” mean to you?

<https://www.readinggroupguides.com/reviews/becoming/guide>

## BOOK REVIEWS

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### Booklist

Who but Obama herself could narrate the story of her life? With impeccable pacing, the former First Lady’s warm reading immediately pulls listeners close for what feels like an intimate chat with a friend. Her cozy and eloquent prose employs a cadence that translates well to the audio format, and her familiar voice adds another dimension to her very personal story—one that is deeper, more revealing, and sublimely genuine. Family stories evoke warm tones, even when there’s a note of prickliness underneath, as when relating the tedium of early piano lessons with her strict aunt, or the pique of having her husband take a writing retreat to Bali while still a newlywed. Listeners will take notice when, in the midst of describing their workaday lives as young professionals, her tone turns to firm reassurance that life goes on after fertility challenges. A wistfulness tinged with pride will make hearts swell at Obama’s recounting of her husband’s first inauguration, and listeners will delight along with her at the tiny rebellion of finding a way out of the White House, arm in arm with Malia, to see the building illuminated by rainbow lights celebrating the passage of marriage equality—a momentary balm to the bewildering pain of mourning shooting victims at a service in Charleston earlier that day. Throughout, Obama’s voice conveys an openhearted sincerity, underlain with the same practicality and hopefulness by which she steers her life. A much-anticipated audio that delivers. – Heather Booth (Reviewed 11/19/2018)

### Publisher’s Weekly

The former first lady looks back on an unlikely rise to the top while navigating issues of race and gender in this warmhearted memoir. Obama's narrative is the story of an African-American striver, born to a working-class family in a Chicago ghetto, who got Princeton and Harvard degrees and prominent jobs in law and public relations, attended at every step by the nagging question, "Am I good enough?" ("Yes I am," she answers). It's also about her struggle to keep husband Barack's high-powered political career from subsuming her identity and the placid family life she preferred to the electoral frenzy—she disavows any desire for public office herself—while she weathered misgivings over work-life balance and marital strains that required couples' counseling. *Becoming* the first lady ratchets up the pressure as Obama endures the Secret Service security bubble, has every public utterance and outfit attacked by opponents, gets pilloried as a closet radical, and soldiers on with healthy-food initiatives. Obama surveys most of this

with calm good humor—"infuriating" Republican obstructionism and Donald Trump's "misogyny" draw her ire—while painting an admiring, sometimes romantic portrait of Barack and evoking pathos over her parents' sacrifices for their children. There are no dramatic revelations and not much overt politics here, but fans of the Obamas will find an interesting, inspiring saga of quiet social revolutions. Photos. (Nov.) -- Staff (Reviewed 11/19/2018) (Publishers Weekly, vol 265, issue 47, p).

### Kirkus Reviews

The former first lady opens up about her early life, her journey to the White House, and the eight history-making years that followed. It's not surprising that Obama grew up a rambunctious kid with a stubborn streak and an "I'll show you" attitude. After all, it takes a special kind of moxie to survive being the first African-American FLOTUS—and not only survive, but thrive. For eight years, we witnessed the adversity the first family had to face, and now we get to read what it was really like growing up in a working-class family on Chicago's South Side and ending up at the world's most famous address. As the author amply shows, her can-do attitude was daunted at times by racism, leaving her wondering if she was good enough. Nevertheless, she persisted, graduating from Chicago's first magnet high school, Princeton, and Harvard Law School, and pursuing careers in law and the nonprofit world. With her characteristic candor and dry wit, she recounts the story of her fateful meeting with her future husband. Once they were officially a couple, her feelings for him turned into a "toppling blast of lust, gratitude, fulfillment, wonder." But for someone with a "natural resistance to chaos," being the wife of an ambitious politician was no small feat, and becoming a mother along the way added another layer of complexity. Throw a presidential campaign into the mix, and even the most assured woman could begin to crack under the pressure. Later, adjusting to life in the White House was a formidable challenge for the self-described "control freak"—not to mention the difficulty of sparing their daughters the ugly side of politics and preserving their privacy as much as possible. Through it all, Obama remained determined to serve with grace and help others through initiatives like the White House garden and her campaign to fight childhood obesity. And even though she deems herself "not a political person," she shares frank thoughts about the 2016 election. An engrossing memoir as well as a lively treatise on what extraordinary grace under extraordinary pressure looks like. (Kirkus Reviews, November 30, 2018)

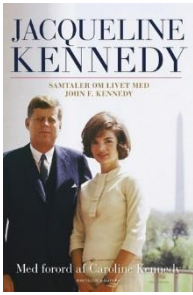
## READALIKES

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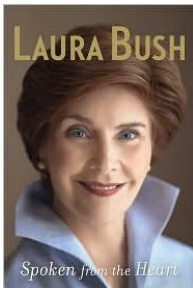
### ***Courage is Contagious* by Nicholas Haramis**

A collection of 19 essays inspired by the memorable tribute, "To the First Lady with Love," includes contributions by a range of award-winning writers, celebrities, designers and chefs ranging from Chimamanda Ngochi Adichie and Tracee Ellis Ross to Alice Waters and Gloria Steinem, in a volume complemented by two essays by eighth-grade students.



***Historic Conversations on Life with John F. Kennedy* by Jacqueline Kennedy**

Presents the annotated transcription and original audio for the 1964 interviews with Jacqueline Kennedy on her experiences and impressions as the wife of John F. Kennedy, offering an intimate and detailed account of the man and his times.



***Spoken from the Heart* by Laura Bush**

Laura Bush tells the story of her unique path from dusty Midland, Texas, to the world stage as First Lady. She captures presidential life in the frantic and fearful months after 9/11, and humorously lifts the curtain on what really happens inside the White House.