

# PROTECT YOURSELF FROM MONKEYPOX (MPX)

IF SOMEONE YOU KNOW HAS SYMPTOMS:

- ☑ **Encourage them to get tested**
- ☑ **Avoid close, skin-to-skin contact**
- ☑ **Avoid handling or touching their objects, bedding, towels, or clothing**
- ☑ **Avoid sharing their eating utensils or cups**

# #MPX

**STAY INFORMED STAY HEALTHY**



**Maryland**  
DEPARTMENT OF HEALTH