



Liability Waiver

In consideration of being permitted to participate in classes, workshops, training sessions, retreats, and other events (collectively, "Events") held or sponsored by, through, or at the Salt Lake City Public Library ("the Library"), whether at 210 East 400 South, Salt Lake City, Utah or elsewhere, I agree to the following:

1. I understand that physical activity can be strenuous and dangerous with unique hazards and risks. This activity may not be appropriate or recommended for certain individuals, including, without limitation, individuals requiring cardiac care, blood pressure control, regulation of diabetes, post-surgical care, and any other health conditions that could cause a risk to your safety. In the event I have questions about my condition, I agree to consult with my personal physician prior to commencing or resuming this activity held or sponsored by the Library. I understand that I am responsible for my own well-being and that any health, wellness, or other information I receive at or through the Library is for general reference purposes only and does not constitute medical or clinical advice.
2. I represent and warrant that I am in good health and have no medical condition that would prevent my participation in activities held or sponsored by, through, or at the Library. I agree to promptly notify the Library in writing if this changes. I also agree to inform the Librarian(s) of any physical limitations, physical discomfort, and/or injuries before each session, as well as any discomfort and/or injuries that may arise during each session. I take full responsibility for not notifying the Librarians in a timely manner.
3. I understand that a librarian or instructor at the Library will assist me, if needed, in performing this activity. I consent to such assists and waive any claim(s) that such assists constitute non consensual touching, battery, or other tortious conduct and/or were performed negligently. In the event that I do not want to be assisted, I agree to promptly notify the librarian or instructor prior to the start of each class or activity and confirm with the librarian or instructor that he or she has acknowledged my request.
4. I agree that the Library is in no way responsible for the safekeeping of any of my personal belongings at the Library or at other locations at which Events may be held.
5. I agree to assume full and sole responsibility for any risks, injuries, damages, known and unknown, and losses which I might suffer, including, without limitation, death, as a result of my participation in any Events held or sponsored by, through and/or at the Library. I freely and voluntarily participate in the Events with full knowledge of such risks. I agree that neither I nor my heirs assigns, or legal representatives will sue or make any other claims or demands of any kind whatsoever against the Library, or any of the instructors, teachers, partners, officers, directors, members, agents, independent contractors, or representatives of any of the foregoing (collectively, with their respective successors and assigns, the "Released Parties") for any injury, damage, loss, cost, fee or expense, including, without limitation, death, whether caused by negligence or otherwise. I further hereby release, remise, and forever discharge the Released Parties from and against any and all claims, causes of action, losses, damages, costs, fees, expenses, and liabilities, of any kind, whether known or unknown, that may now or at any time hereafter arise out of or are in any way connected with my participation in Events held or sponsored by, through or at the Library.

Title of Event: _____

Date(s) of Event: _____

I have read the above release and liability waiver and fully agree to its contents with the knowledge that the Released Parties will rely on it in connection with my participation in any and all such Events.

Print Name

Signature (or signature of guardian if under 18)