



QPL welcomes every new member of our community and their families into our libraries, offering them access to life-long learning through books, programs, resources, and so much more. Designed for expecting parents and new families to have access to programs and resources including health workshops, dedicated support groups, and engaging educational programs for both caregivers and their little ones.

Learn more:

[queenslib.org/baby](https://queenslib.org/baby)





# QPL Baby: Welcoming Expecting & New Families

## May 2024 Virtual Programs Calendar

Learn more: [queenslib.org/CalendarBaby](https://queenslib.org/CalendarBaby)

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Restorative Yoga for Parents / Caregivers 7:30pm-8:30pm	2	3 New Mamas Support Group for Moms with babies 0-12months 12:30pm – 1:30pm Registration Required	4
5 CLOSED	6 Sweet Dreamzzz Parent Workshop with Pajama Program for parents with children ages 0-5 years 2:00pm-2:45pm	7 Food For Life Presented by PlantPowered Metro NY For expecting and new parents / caregivers 3:00pm-5:00pm	8	9 Baby Basics for expecting parents 12:00pm – 12:45pm Registration Required	10 New Mamas Support Group for Moms with babies 0-12months 12:30pm – 1:30pm Registration Required	11
12 CLOSED	13 CPR Informational for parents / caregivers with children ages 0-5 years 2:00pm-3:00pm	14 Food For Life Presented by PlantPowered Metro NY For expecting and new parents / caregivers 3:00pm-5:00pm	15 Mindful Meditation for all parents / caregivers 5:30pm-6:15pm	16 Baby Basics for expecting parents 12:00pm – 12:45pm Registration Required	17 New Mamas Support Group for Moms with babies 0-12months 12:30pm – 1:30pm Registration Required	18
19 CLOSED	20 Maternal Health Panel for expecting parents 2:00pm-3:00pm	21 Food For Life Presented by PlantPowered Metro NY For expecting and new parents / caregivers 3:00p-5:00pm	22 Restorative Yoga for all parents / caregivers 7:30pm-8:30pm	23 Baby Basics for expecting parents 12:00pm – 12:45pm Registration Required	24 New Mamas Support Group for Moms with babies 0-12months 12:30pm – 1:30pm Registration Required	25
26 CLOSED	27 CLOSED – MEMORIAL DAY	28 Food For Life Presented by PlantPowered Metro NY For expecting and new parents / caregivers 3:00pm-5:00pm	29 Mindful Meditation for all parents / caregivers 5:30pm-6:15pm	30 Early Learning Literacy for parents / caregivers with children ages 0-5 years 12:00pm-12:45pm	31 New Mamas Support Group for Moms with babies 0-12months 12:30pm – 1:30pm Registration Required	