

**BEST
BOOKS
of 2023**



Adult Nonfiction

Presented by: Shaina Robbins, Breanne Gilroy, and
Carla Gordon

Carla's Picks	The Watchmaker's Daughter: The True Story of World War II Heroine Corrie ten Boom	Larry Loftis
	What's Our Problem?: A Self-Help Book for Society	Tim Urban
	Mystery of Mysteries: The Death and Life of Edgar Allan Poe	Mark Dawidziak
	Elon Musk	Walter Isaacson
	My Name is Barbra	Barbra Streisand
	Poverty, By America	Matthew Desmond
	Easy Money: Cryptocurrency, Casino Capitalism, and the Golden Age of Fraud	Ben McKenzie & Jacob Silverman
	Hidden Potential: The Science of Achieving Greater Things	Adam Grant
	Fire Weather: A True Story from a Hotter World	John Vaillant
	While You Were Out: An Intimate Family Portrait of Mental Illness in an Era of Silence	Meg Kissinger
Breanne's Picks	Making it So: A Memoir	Sir Patrick Stewart
	The Art Thief: A True Story of Love, Crime, and a Dangerous Obsession	Michael Finkel
	Life in Five Senses: How Exploring the Senses Got me Out of My Head and Into the World	Gretchin Ruben
	Awe: The New Science of Everyday Wonder and How it Can Transform Your Life	Dacher Keltner
	Astor: The Rise and Fall of an American Fortune	Anderson Cooper
Shaina's Picks	The Good Life: Lessons from the World's Longest Scientific Study of Happiness	Robert J. Waldinger
	Outlive: The Science and Art of Longevity	Peter Attia
	You Just Need to Lose Weight: And 19 Other Myths About Fat People	Aubrey Gordon
	How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen	David Brooks
	The Wager: A Tale of Shipwreck, Mutiny, and Murder	David Grann
	Counting the Cost	Jill Duggar
	Romney: A Reckoning	McKay Coppins
	Spare	Prince Harry
	The Woman in Me	Britney Spears
	King: A Life	Jonathan Eig