

## What are cognitive care kits?

Cognitive Care Kits are a support tool for the caregivers of people living with dementia. The kits are designed to help families connect through simple sorting, trivia, picture recognition and reading activities.

Several themes are available based on personal interests (food, activities, animals, household items).



## Who can borrow a kit?

Anyone with a Middlesex County Library card in good standing can borrow a Cognitive Care Kit.

Kits can be requested by emailing [outreachservices@middlesex.ca](mailto:outreachservices@middlesex.ca) or by asking library staff at your local branch for assistance.

## How do I use the kit?

When you request a kit, library staff will meet with you to provide an overview of the kit's contents, and some basic instruction on using the materials.

The kits also include a user guide with instructions for introducing an activity, prompts to encourage engagement, and variations for different skill levels.

## Things to know:

- Cognitive Care Kits loan for 21 days. They can be renewed twice for an additional 3 weeks each time. You can renew the kit by logging on to your online account (kit may display as 'Resource for Checkout <number> is not available'), or by contacting any Middlesex County Library branch.
- There are no overdue fines for the kits, but if not returned or renewed within 4 weeks of the due date, you will be charged a small replacement fee. This fee is waived when the kit is returned.
- We ask that kits are returned at the circulation desk during open hours, not in the drop box. They can be returned to any Middlesex County Library branch (even if borrowed from a different location).
- Contact your [local branch](#) or email [outreachservices@middlesex.ca](mailto:outreachservices@middlesex.ca) for further assistance.