

Happy Place DISCUSSION GUIDE Book Club Collection (630) 232-0780 x366 bookclub@gpld.org

AUTHOR BIOGRAPHY



Emily Henry is the #1 New York Times bestselling author of Book Lovers, People We Meet on Vacation and Beach Read, as well as the forthcoming Happy Place. She lives and writes in Cincinnati and the part of Kentucky just beneath it.

Author's Website.

DISCUSSION QUESTIONS

- 1. Before the events of the book, Harriet and Wyn's friend group has had a pretty seamless experience traveling together. What would you look for in an ideal travel partner? Have you ever taken a trip that put a relationship to the test?
- 2. Have you had a close relationship that's spanned different phases of life? How, if at all, did those relationships change with time?
- 3. Do you tend to avoid conflict or face it head-on? Has this changed over time? If so, why?
- 4. Who out of this friend group do you most relate to, and why? Who do you least relate to?
- 5. If you were going to take a yearly trip to the same place, where would you go, and who would you go with?

6. So much of Harriet's journey is about deciding whether to let go of a dream that no longer excites her, despite all the time and energy she's already invested into it. Was there ever a time in your life when you had to make a decision like this? Did you make the same choice Harriet did, or did you decide to see it through?

7. Harriet and Wyn's friend group plays a game where they talk about what they would do if they had another entire life to live. What would you do with a second life? Do you see yourself pursuing this in any way in your real life?

8. At the beginning of the book, Harriet is really "living for the weekend," so to speak. Do you ever find yourself experiencing that? What are some ways you find joy and purpose in your day-to-day life?

9. For each character in the book, success and happiness look a little different. How do you define each?

10. Do you have a "happy place"? Is it an actual place, an experience, a person? Has it remained the same over the years or does it change?

Penguinrandomhouse.com.

BOOK REVIEWS

Booklist

Six months ago, when Harriet Kilpatrick and Wyn Connor broke up after being together for 10 years, they came up with a plan. From now on, only one of them would attend any future events hosted by their tight-knit circle of friends. So Harriet is more than bit surprised when she arrives in Knot's Harbor, Maine, for a vacation with her old college friends and finds Wyn there. But before Harriet can send him packing, he informs her that two of their friends, Sabrina and Parth, plan on getting married that week. Rather than ruin everything for them, Harriet and Wyn agree to pretend to still be together. What they both soon discover is that, while circumstances may necessitate a change to their plan, one thing that hasn't changed is their love for each other. Once again, Henry (Book Lovers, 2022) dazzles and delights by brilliantly deploying her considerable skills in comic timing and crafting characters with relatable, realistically messy lives. Effortlessly toggling between the present-day fauxmance playing out between her protagonists and the origins of their love a decade earlier, Happy Place is a romance that delivers on both style and substance.HIGH-DEMAND BACKSTORY: Henry's novels are sparkling bestsellers, and her newest will be an immense draw for her fans and every reader looking for a stellar romance.

Publisher's Weekly

Exes must pretend they're still together in this delightful Summery rom-com from bestseller Henry (Book Lovers). Burned out surgical resident Harriet Kilpatrick is eager for a relaxing weeklong getaway with her tight-knit friend group at the remote Maine beach cottage they've frequented. Then she arrives and discovers that Wyn Connor will also be there for the week. Wyn and Harriet were the perfect couple in college, and then the perfect fiancés, but they broke up six months ago and have yet to tell their friends. With the cottage up for sale, Harriet is determined not to ruin the gang's last summer getaway, meaning she and Wyn must pretend to be happily in love. It's awkward at first--compounded by the fact that, of course, there's only one bed for the two of them--but soon they fall back into a familiar dynamic and old flames reignite. The chemistry between Wyn and Harriet is addictive, and both display some refreshing vulnerability. The lovable friend group, unusual but welcome in a Henry novel, help push the

narrative forward and provide plenty of wit. This has the makings of a rom-com classic. Agent: Taylor Haggerty, Root Literary. (Apr.)

Library Journal

Heartbroken and exhausted, Harriet is excited to escape her life for a week and go to her happy place, an annual summer trip to Maine with her college besties. This will be the first trip without her ex-fiancé Wyn, and she is nervous about telling their close-knit friends about the breakup and the effect it may have on the group. Things get tricky when she arrives--Wyn is there, and owing to unforeseen circumstances, they must pretend they're still together. Henry (Book Lovers) is back with another layered romance that explores the transition from one's carefree early twenties into adulthood. Well-versed in Henry's worlds, narrator Julia Whelan perfectly encapsulates Harriet and Wyn and skillfully builds tension through her portrayal of their complicated feelings toward each other. A seasoned narrator, Whelan slips expertly into each side character with just the slightest adjustment to her tone, leaving listeners entranced. VERDICT Henry's fans will be pleased with this tale of friendship, found family, grief, and growing up. A superb collaboration between a writer and narrator, both at the top of their game.--Laura Hammond

Kirkus Reviews

Exes pretend they're still together for the sake of their friends on their annual summer vacation. Wyn Connor and Harriet Kilpatrick were the perfect couple--until Wyn dumped Harriet for reasons she still doesn't fully understand. They've been part of the same boisterous friend group since college, and they know that their breakup will devastate the others and make things more than a little awkward. So they keep it a secret from their friends and families--in fact, Harriet barely even admits it to herself, focusing instead on her grueling hours as a surgical resident. She's ready for a vacation at her happy place--the Maine cottage she and her friends visit every summer. But (surprise!) Wyn is there too, and he and Harriet have to share a (very romantic) room and a bed. Telling the truth about their breakup is out of the question, because the cottage is up for sale, and this is the group's last hurrah. Determined to make sure everyone has the perfect last trip, Harriet and Wyn resolve to fake their relationship for the week. The problem with this plan, of course, is that Harriet still has major feelings for Wyn--feelings that only get stronger as they pretend to be blissfully in love. As always, Henry's dialogue is sparkling and the banter between characters is snappy and hilarious. Wyn and Harriet's relationship, shown both in the past and the present, feels achingly real. Their breakup, as well as their complicated relationships with their own families, adds a twinge of melancholy, as do the relatable growing pains of a group of friends whose lives are taking them in different directions. A wistfully nostalgic look at endings, beginnings, and loving the people who will always have your back. Copyright (c) Kirkus Reviews, used with permission.

SOLITO READALIKES - FOOTNOTES



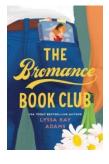
Funny You Should Ask by Elissa Sussman

Ten years ago, Chani Horowitz wrote a profile of Chase Parker on the eve of his becoming the first American actor to play James Bond. They hit it off, she went to a premiere with him, then a house party, and her article became the stuff of legend. Now she is working on a proposal for her next collection of essays, and Parker, divorced and fresh out of rehab, is in need of an image upgrade. Ten years ago, the chemistry between the two was undeniable, but they are both different people now. Still, the opportunity is too good to pass up.



If You Love Something by Wayetu Moore

As executive chef at one of the hottest restaurants in DC, DeShawn Franklin is well-known and his restaurant is Michelin starred. Until his grandmother calls him home with shocking news: 1) She has cancer and she's not seeking treatment. 2) She's willing half her estate to DeShawn's exhusband, Malik. And that whole divorce thing? It didn't quite go through--DeShawn and Malik are still married. And when DeShawn's shady uncle contests Grandma's will, there's only one path back to justice: play it like he and Malik have reconciled. They need to act like a married couple just long enough to dispense with the lawsuit.



The Bromance Book Club by Lyssa Kay Adams

Nashville Legends second baseman Gavin Scott's marriage is in major league trouble. Distraught and desperate, Gavin finds help from an unlikely source: a secret romance book club made up of Nashville's top alpha men. With the help of their current read, a steamy Regency titled Courting the Countess, the guys coach Gavin on saving his marriage.