

Ancestors Calling: Luck, Research and Science – Towards a Methodology for Breaking Through



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“The dead are invisible; they are not absent.” Saint Augustine

Impulses, hunches, sudden insights, and subtle insights have assisted us on our evolutionary path since the origin of our species. That we have not recognized the guidance that has come to us in this way, is a consequence of seeing reality through only five senses. From the five-sensory point of view, there is no other place from which insights and hunches can come.

From the multisensory point of view, insights, intuitions, hunches, and inspirations are messages from the soul, or from advanced intelligences that assist the soul on its evolutionary journey. The multisensory personality, therefore, honors intuition in a way that the five-sensory personality does not. To the five-sensory personality, intuitions are curiosities. To the multisensory personality, they are promptings from, and links to a perspective of greater comprehension and compassion than its own.

Gary Zukav, *The Seat of the Soul* (used with permission of the author).

Definitions:

Coincidence: A coincidence is a remarkable concurrence of events or circumstances that have no apparent causal connection with one another. - Stevenson, Angus (2010). [*Oxford Dictionary of English*](#). OUP Oxford. p. 339. [ISBN 978-0-19-957112-3](#).

Genograms: A visual tool, looking like a genealogy family tree, but utilizing characteristics of members of a family (religion, medical issues, ethnicity, location. Based on psychiatrist Murray Bowen’s Family Systems Theory. <https://www.thebowencenter.org/family-diagram#:~:text=Several%20students%20of%20Bowen%20theory,Murray%20Bowen%20and%20these%20adaptations>.

Intuition: Intuition is defined by what it is not: reason, logic, analysis, and observation. It is a single event, a snapshot, and it just happens when least expected, without rules. – from

the “Book Digest” of Zahid Hossain in a book review of *The Intuitive Edge* by Philip Goldberg (Jeremy Tarcher, Publisher). <http://www.intuitive-connections.net/2002/book-edge.htm>

Luck: A variation of synchronicity (see below), according to Dr. Richard Wiseman and his studies (see his book “The Luck Factor” noted below) there are four factors that help people to utilize a cheerful outlook, observation, intuition and transform experiences.

Predictive Encoding: In [neuroscience](#), predictive coding (also known as predictive processing) is a theory of [brain](#) function which postulates that the brain is constantly generating and updating a “[mental model](#)” of the environment. According to the theory, such a mental model is used to predict input signals from the [senses](#) that are then compared with the actual input signals from those senses. Predictive coding is member of a wider set of theories that follow the [Bayesian brain hypothesis](#). – Wikipedia.

Synchronicity: When the inner psychological state (a dream, vision, “*déjà vu*” or memory) meaningfully correlates with the objective outer event (an accident, death, meeting, phone call, etc.) without the inner state causing the outer or vice versa. – From Victor Mansfield in *Synchronicity, Science, and Soul-Making*.

Vision Boards: Utilized by coaches, personal development workshops, church groups and companies as an activity to help in goal setting and get-acquainted exercises. Utilizing poster boards, glue, collections of magazines, scissors, individuals work in silence or with soft music to select images (sometimes words but the use of images is most encouraged) that match a feeling state, desire/wish, or goal. The images are arranged on the poster board. The instructions then suggest that the technique asks participants to place the poster board at home somewhere where they will see it first thing in the morning and the last thing in the evening, leaving it there for 30 days. Then it is put away. This activates “predictive encoding.” (see also Richard Wiseman, below).

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MIND – ELEMENTS OF WHAT TO CONSIDER

- Cognitive Psychology
 - Family Systems or Family Dynamics Theory – Including studies of generational trauma.
 - Genograms – Medical, Location, Ethnicity, Religion
 - Predictive Encoding
 - Luck Theory
 - Overnight Problem Solving (see also “Body”)
 - Alternative Learning Styles (Gardner’s Learning Types)
 - Vision Boards & “Victimology” board – Morton Farrier, in Nathan Dylan Goodwin’s books - Patterns

ADDITIONAL MIND/MENTAL CONTENT FOR CONSIDERATION

- Intuition
- Dreams
- Synchronicity
- From *Psychic Roots*: Research/mental exhaustion, openness to looking around randomly, chance conversations, being mis-guided to a location/book that gives other information
- Nudges, urges, hunches

BODY – PHYSICAL EFFECTS, CHEMISTRY AND MEDICAL INPUTS – QUANTUM PHYSICS

- Physical exhaustion – from travel, research, sitting behind a computer – consciousness studies
- Brain Science – Chemistry, body sensations and feelings – Mind/Body medical research
- DNA – All life is energy; energy transmission of cells and correlations with energy fields; sound vibrations
- RSME – Religious, spiritual, mystical experiences
- NDE – Near-death experiences

Body

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